

Splendid Fruit Salad

Makes: 4 Servings

Ingredients

2 apples, medium (chopped)

1 banana (chopped)

1 package yogurt, low-fat vanilla (6 ounces)

1/4 teaspoon cinnamon

1 tablespoon orange juice

Directions

- 1. Mix yogurt, cinnamon, and orange juice in a medium bowl
- 2. Wash and chop the fruit and add to the yogurt mixture.
- 3. Stir and serve.